

Weekend Warriors

Winter Sports Program

WHEN: Tuesday, Thursday: 6:00-7:00pm

PRICING

Members

\$100 Per Month

\$15.00 Per Drop In

Potential Members

\$125 Per Month

\$20 Per Drop In

Come try it out. First workout is FREE!!

Description: This obstacle course inspired workout is designed to bring out your best during all things outdoors. We play with all forms of exercise at a high intensity utilizing, kettlebells, ropes, sandbags, and all of the implements in area one to prepare you to perform your best for all summer outdoor sports.



Register at the Member Board

WWW.CLUBNW.COM

Name

Name

Member #

Date

Member

Monthly - \$100

Drop In - \$15.00

Phone #

Email

Potential Member

Monthly - \$125

Drop In - \$20

I am paying by (Check one)

Please charge my Card on File
(member # above)

Paying with check
(staple check to back)

(If no boxes are checked you are authorizing Club Northwest to charge your member account.)

Detach this portion and place in the drop box.



SPARTAN STRONG™