

IAM Empowered

Wellness for your mind, body & spirit!

Discover new perspectives of peace, productivity and personal power through our NEW Wellness Program! Here is an easy solution to living with less stress, more joy and understanding.

WHEN:

September 28-30

Friday: 5:00 PM - 11:00 PM

Saturday & Sunday: 9:00 AM - 7:30 PM

WHERE:

Club Northwest (2166 Building)

COST:

Members: \$395

Life Coaching Package: \$495

(Empowered + 2 LC Sessions - BEST VALUE)

To learn more or register, email:

karen@clubnw.com

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